

CAMP LOOKOUT

2023 GUIDE FOR CHRISTMAS CAMPERS

PLEASE READ through this entire guide. It will answer many of your questions, as well as help you and your camper prepare for a wonderful Christmas Camp experience.

We are thrilled and thankful to receive your registration for Christmas Camp! We are looking forward to your camper's arrival and the exciting overnight session we will have together at Camp Lookout this December.

You should have received a Registration Confirmation receipt with this email. Make sure that receipt is correct. If you find an error or have any questions about your registration, please call Camp Lookout at 706-820-1163.

Necessary Forms

- **Each camper must have a completed Health Form and Authorization/Consent Form.**
- Both forms can be completed online by going into your camper's registration account.
- Using the forms that are part of this attachment as templates for completing such forms online may be helpful.
- Please fill out all information prior to the beginning of camp.
- If you complete these forms online, you **do not** need to fill out the paper forms.
- Those unable to complete the forms online **must bring both of them** with them to Christmas Camp check-in.

SESSION BEGIN AND END

- Christmas Camp begins on **Saturday, December 16th at 2:00 p.m.**
- Christmas Camp ends on **Sunday, December 17th at 2:00 p.m.**
- Thank you for honoring these times.

WHAT TO BRING

Make sure to label all items to ensure they return home with your camper.

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|--|--|-------------------------|
| ○ Camp clothes for cold weather (we will be outside as well as inside) | ○ Rain Jacket/Poncho (camp goes rain or shine) | ○ Wash Cloth |
| ○ Lots of Layers!! | ○ Towels | ○ Soap and Shampoo |
| ○ Warm Jacket | ○ Sturdy Shoes (closed-toed) | ○ Toothbrush/Paste |
| ○ Warm Hat | ○ Day Pack/Book Bag | ○ Other toiletries |
| ○ Gloves | ○ Sleeping Bag (or twin-bed sized bedding) | ○ Bag for dirty clothes |
| ○ Underwear | ○ Pillow | ○ Bible |
| ○ Socks | | ○ Flashlight |
| ○ Sleep Wear (PJ's) | | ○ Water Bottle |

THINGS YOU WON'T NEED

Camp is a special time away. Some of the things needed at home are not necessary at camp. In fact, there are a few items to make sure to leave at home:

- Money, cell phones, radios or other music players, electronic games, pets, food, and items of significant value.
- Tobacco, alcohol, illegal drugs, fireworks, firearms, and weapons of any kind are prohibited at camp.
- Camp has a modest approach to our expectation of camp attire. We ask campers not to bring clothing with alcohol, drug, tobacco, or sexually suggestive slogans or logos. Halter tops, tube tops, backless shirts, sheer clothing, mini-shorts or skirts, exposed midriffs, and exposed underwear do not align with camp expectations.

Personal sporting gear brought to camp for specialized camping activities must be inspected by camp recreational personnel prior to use, must be clearly labeled, and is the camper's responsibility.

Camp provides great entertainment, meals, and snacks, and each camper will receive a shirt and a link to all pictures and videos taken during this event.

HEALTH CARE AND YOUR CAMPER

Each camper must have a completed Health Form. You can either fill out this form in your online account or bring completed form to camp check-in.

- A Camper Health Assessment is part of the Check-In procedure that includes checking camper temperatures, discussing recent sicknesses or exposures, and going over the camper Health Form. All medications will be received and logged by camp personnel during Check-In.
- **All prescription and non-prescription medications must be in their original containers and clearly labeled with your camper's name and dosages.** Pill organizers/unlabeled bottles are not allowed. Dosage instructions are strictly adhered to unless alternate written/signed physician's orders are provided.
- Daily dispensing of prescribed medications, basic first aid, and health monitoring are provided while at camp. Families will be notified if your camper vomits, displays any COVID-19 symptoms, has a persistent condition (i.e. headache, nosebleed, fever, homesickness), or needs to be taken to the doctor or emergency room (Erlanger Children's Hospital, Chattanooga, TN).
- Special dietary needs should be noted in the camper Health Form. We can accommodate most dietary needs and/or allergies. Contact the camp office at (706) 820-1163 or email admin@camplookout.com at least two weeks before your camp session to allow time to address concerns.

PRE-CAMP HEALTH CONCERNS

In order to protect your camper and the greater camp community, it is important that each camper is healthy when they arrive at camp. Use the following guidelines as you assess your camper's health prior to camp. If your child's health keeps them from attending Christmas Camp, please contact Camp Lookout at 706-820-1163 or admin@camplookout.com no later than the Monday preceding Christmas Camp.

Has your camper:

- Taken a COVID test within the past two weeks of the start date of camp?..... Yes No
 - If yes, was the test positive? Yes No
- Been diagnosed with COVID-19 by a medical professional in the past two weeks, even without signs /symptoms?..... Yes No
- Been knowingly exposed to or in close contact with anyone who has tested positive for COVID-19, or has had signs / symptoms of COVID-19 within the past two weeks?. Yes No
- Had any of the following signs / symptoms today or within the past two weeks?;
 - Cough..... Yes No
 - Temperature over 100°F..... Yes No
 - Congestion or runny nose..... Yes No
 - Fever or chills..... Yes No
 - Difficulty breathing..... Yes No
 - Fatigue Yes No
 - Nausea or diarrhea..... Yes No
 - Muscle or body aches..... Yes No
 - Headache..... Yes No
 - Loss of taste or smell..... Yes No

If you checked "yes" to any of these questions, your camper will not be allowed to attend Christmas Camp (exception – symptom related to diagnosed ongoing medical issue – please document on Health Form). Please contact the Camp Lookout office at (706) 820-1163 to discuss refund options.

Each of the above questions, along with a temperature check and medication collection, will be a part of the camp check-in process.

We are looking forward to having your child at camp.
We expect great blessings all around. Should you have
questions, please give us a call at 706-820-1163.
Please save this guide for your reference.

DIRECTIONS TO CAMP LOOKOUT

(If you have any problems finding us, please call 706-820-1163.)

Camp Lookout's physical address is:

3130 Highway 157

Rising Fawn, GA 30738

Camp Lookout is located on top of Lookout Mountain just a few miles south of Lookout Mountain, GA. Please use the following directions for the most direct route to camp. Note: many online and direction sites will guide you several miles out of the way.

From I-75

Take I-75 to GA Exit 350 (Ft. Oglethorpe/Battlefield Pkwy) onto Hwy 2. Go west on Hwy 2 toward Ft. Oglethorpe for 13 miles. Turn right heading south on Hwy 193 for 3 miles. Turn right onto Nick-A-Jack Road for 4 miles. At stop, turn left onto Hwy 157. Camp Lookout is ¼ mile on the right.

From I-24 and Downtown Chattanooga Area

Take Lookout Mountain Exit 178 off of I-24 to Broad Street South toward Lookout Mountain. Veer to left onto Tennessee Avenue. This becomes St. Elmo Avenue and then GA Hwy 193. Go approximately 9 miles and turn right onto Nick-A-Jack Road for 4 miles. At stop, turn left onto Hwy 157. Camp Lookout is ¼ mile on the right.

From I-59 and Trenton, GA area

Take I-59 to Trenton Exit, east on Hwy 136 toward Trenton. At light, turn right onto Hwy 136/Hwy 11 and then left at next light to continue on Hwy 136 for approximately 10 miles. Turn left onto Hwy 157, north for 8 miles. Camp Lookout is on the left.

